



Anusara Yoga Immersion 2011-2012 Application

Full Name: _____

Address: _____

City/State/Zip: _____

Email Address: _____ Phone: _____

Please list any injury or special condition your teachers should know about.

The pre-requisite for Anusara Immersion is 30 hours of class/workshop study with Anusara Certified & Anusara Inspired teachers. Have you met this pre-requisite? _____

How long have you been practicing hatha yoga? _____

How long have you been practicing Anusara yoga? _____

My understanding of Anusara Yoga Universal Principles of Alignment (please circle) is...

Moderate Strong Very Strong

Please list your Anusara yoga teachers (Certified & Inspired).

Please list your influential yoga teachers outside of Anusara yoga.

641 Pennsylvania Ave. SE
Washington, DC 20003
202-448-9680

www.capitolhillyoga.com
yoga@capitolhillyoga.com



Are you currently a yoga teacher? _____

If yes, what style & how long have you been teaching? _____

The Anusara Immersion is a pre-requisite to Ansuara Teacher Training. Do you have interest in continuing into an Anusara Teacher Training program? _____

Why do you practice yoga?

Why are you applying for the Anusara Immersion?

How did you hear about our Anusara Immersion at CHY? _____

Please check which piece of Anusara Immersion you are applying for:

Full Immersion: _____ (Oct 2011-June 2012, \$1700 by 9/1/2011 or \$1800 after with payment plan)

Module 1: _____ (Oct-Dec 2011, \$650)

Module 2: _____ (Jan-Mar 2012, \$650)

Module 3: _____ (Apr-June 2012, \$650)

Thank you for applying for the Anusara Immersion: Revolution of the Heart. After your application has been received you will be contacted with further steps in regards to acceptance, deposit & pay plan.

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